

**J.D. BIRLA INSTITUTE**  
School of Applied Psychology  
**Four Year (8-Semester) B.Sc (Hons.) in Applied Psychology & Behavioural Science with  
Minor in Sociological Studies AND Disability Studies/ Health & Wellness/ Sustainable  
Fashion/ Retail & Brand Management/ Sustainable Practices & Heritage Management**  
With Specializations in  
Counseling (A) / Organizational Behavior (B)  
**PROPOSED CURRICULUM UNDER NEP**  
**(Applicable from Session 2026-2027)**

Subject Code	Course Nomenclature	Details	Theory/ Practical	Marks	Credits
<b>SEMESTER-I</b>					
APBS101	DSC	General Psychology-I	Theory	100	4
APBS102	DSC	Psychological Assessment & Testing	Practical	100	2
APBS103	MINOR	Family & Marriage Relations	Theory	100	4
APBS104	IDC	Computer Theory & Applications	Theory	100	3
APBS105	AEC	Communication Skills & Personality Development	Theory	100	2
APBS106	SEC	Graphology	Practical	100	3
APBS107	VAC	Emotional Intelligence	Theory	100	4
<b>Total</b>				<b>700</b>	<b>22</b>
<b>SEMESTER-II</b>					
APBS201	DSC	General Psychology-II	Theory	100	4
APBS202	DSC	Biological Basis of Behaviour	Theory	100	4
APBS203	DSC	Applied Behavioural Analysis	Practical	100	2
APBS204	MINOR	Family Stress Management	Theory	100	4
APBS205	AEC	Critical & Design Thinking	Theory	100	2
APBS206	SEC	Media Psychology & Digital Well-being	Practical	100	3
APBS207	VAC	Indian Knowledge System	Theory	100	4
<b>Total</b>				<b>700</b>	<b>23</b>
<b>SEMESTER-III</b>					
APBS301	DSC	Developmental Psychology (Conception to Childhood)	Theory	100	4
APBS302	DSC	Introduction to Abnormal Psychology	Theory	100	4
APBS303	DSC	Stress & Well-Being	Practical	100	2
APBS304	MINOR	Social Inequality & Marginalization	Theory	100	4
APBS305	IDC	Environmental Studies & Sustainable Development	Theory	100	3
APBS306	AEC	Creative Writing in Hindi OR Creative Writing in Bengali	Theory	100	2
APBS307	SEC	Child Observation & Documentation Skills	Practical	100	3
<b>Total</b>				<b>700</b>	<b>22</b>

SEMESTER-IV					
APBS40 1	DSC	Developmental Psychology (Adolescence to Adulthood)	Theory	100	4
APBS40 2	DSC	Gerontology	Practical	100	2
APBS40 3	DSC	Human Behavior in Social Environment	Practical	100	2
APBS40 4	DSC	Community Psychology Field Work	Practical	100	2
APBS40 5	DSC	Term Paper & Seminar	-----	100	4
APBS40 6	MINOR	Gender, Rights & Social Behavior	Theory	100	4
APBS40 7	IDC	Innovation & Entrepreneurship	Theory	100	3
APBS40 8	AEC	Academic Writing & Statistics	Theory	100	2
<b>Total</b>				<b>800</b>	<b>23</b>
SEMESTER-V					
APBS50 1	DSC	Research Methodology & Psychological Statistics	Theory	100	4
APBS50 2	DSC	Theories of Personality	Theory	100	4
APBS50 3	DSC		Theory	100	4
	A	Principles of Guidance & Counseling			
	B	Industrial & Organizational Behaviour			
APBS50 4	DSC		Practical	100	2
	A	Psycho-educational Practices			
	B	Organizational Behavioural Practices			
APBS50 5	DSC	Experimental Psychology	Practical	100	2
APBS50 6	MINOR	Introduction to Human Exceptionality/ MINOR 3	Theory	100	4
APBS50 7	---	SUMMER INTERNSHIP (6-week)	-----	100	2
<b>Total</b>				<b>700</b>	<b>22</b>
SEMESTER-VI					
APBS60 1	DSC	Social Psychology	Theory	100	4
APBS60 2	DSC	Health Psychology	Theory	100	4
APBS60 3	DSC	Forensic Psychology	Theory	100	4
APBS60 4	DSC		Theory	100	4
	A	Approaches to Counseling & Therapy			
	B	HR Fundamentals			
APBS60 5	DSC		Practical	100	2
	A	Counseling Practices & Case Analysis			
	B	Organizational Behaviour Practices & Workplace Skills			
APBS60 6	DSC	Applied Social Psychology	Practical	100	2
APBS60 7	MINOR	Disability & Behavioural Problems/ MINOR 3	Theory	100	4
<b>Total</b>				<b>700</b>	<b>24</b>
SEMESTER-VII					
APBS70 1	DSC	Positive Psychology	Theory	100	4
APBS70 2	DSC	Educational Psychology	Theory	100	4

APBS70 3	DSC		Theory	100	4
	A	Counseling Practices: Individual & Group Counseling			
	B	Leadership & Change Management			
APBS70 4	DSC		Practical	100	2
	A	Positive Psychological Practices			
	B	Organizational Behaviour Assessment & Diagnostics			
APBS70 5	DSC	Educational Intervention for Diverse Learners	Practical	100	2
APBS70 6	MINOR	Special Needs & Associated Challenges / MINOR 3	Theory	100	4
<b>Total</b>				<b>600</b>	<b>20</b>
<b>SEMESTER-VIII</b>					
APBS80 1	DSC	Community Psychology	Theory	100	4
APBS80 2	MINOR	Child Rights & Social Policies / MINOR 3	Theory	100	4
APBS80 3	<b><i>Any one from I or II</i></b>				
	I	DISSERTATION	----	300	12
	II				
	II 1		Theory	100	4
	A	Guidance & Coping in Crises			
	B	Consumer Behaviour			
	II 2		Theory	100	4
	A	Neuropsychology & Neuro-cognitive Disorders			
	B	Industrial Relations & Labour Laws			
	II 3		Theory	100	4
	A	Rehabilitation Psychology			
B	Organizational Behavior: Individual, Group & Organizational Dynamics				
<b>Total</b>				<b>500</b>	<b>20</b>
<b>GRAND TOTAL</b>				<b>5400</b>	<b>176</b>
■ DSC: Discipline Specific Core ■ IDC: Inter-Disciplinary Course ■ AEC: Ability Enhancement Course ■ SEC: Skill Enhancement Course ■ VAC: Value Added Course					

#### Minor Courses Offered by B. Sc (Hons.) in Applied Psychology & Behavioural Science

Subject Code	Details	Theory/ Practical	Mark s	Credit s
<b>MINOR-1: Sociological Studies</b>				
APBS 103	Family & Marriage Relations	Theory	100	4
APBS 204	Family Stress Management	Theory	100	4
APBS 304	Social Inequality & Marginalization	Theory	100	4
APBS 406	Gender, Rights & Social Behaviour	Theory	100	4
<b>MINOR-2: Disability Studies</b>				
APBS 506	Introduction to Human Exceptionality	Theory	100	4
APBS 607	Disability & Behavioural Problems	Theory	100	4
APBS 706	Special Needs & Associated Challenges	Theory	100	4
APBS 802	<b>Child Rights &amp; Social Policies</b>	Theory	100	4

#### Minor Courses Offered by other Schools

<b>MINOR-3: Any one course from the list given below, offered by other Schools</b>		
1	<b>Health &amp; Wellness</b>	School of FSNM
2	<b>Ethical Concepts and Crafts</b>	School of FT
3	<b>Sustainable Practices &amp; Heritage Management</b>	School of ID

**Specialization in Counseling (A)**

<b>Subject Code</b>	<b>Details</b>	<b>Theory/ Practical</b>	<b>Marks</b>	<b>Credits</b>
APBS503: A	Principles of Guidance & Counseling	Theory	100	4
APBS504: A	Psycho-educational Practices	Practical	100	2
APBS604: A	Approaches to Counseling & Therapy	Theory	100	4
APBS605: A	Counseling Practices & Case Analysis	Practical	100	2
APBS703: A	Counseling Practices: Individual & Group Counseling	Theory	100	4
APBS704: A	Positive Psychological Practices	Practical	100	2
APBS803 II 1: A	Guidance & Coping in Crises	Theory	100	4
APBS803 II 2: A	Neuropsychology & Neuro-cognitive Disorders	Theory	100	4
APBS803 II 3: A	Rehabilitation Psychology	Theory	100	4

**Specialization in Organizational Behaviour (B)**

<b>Subject Code</b>	<b>Details</b>	<b>Theory/ Practical</b>	<b>Marks</b>	<b>Credits</b>
APBS503: B	Industrial & Organizational Behaviour	Theory	100	4
APBS504: B	Organizational Behavioural Practices	Practical	100	2
APBS604: B	HR Fundamentals	Theory	100	4
APBS605: B	Organizational Behavior Practices & Workplace Skills	Practical	100	2
APBS703: B	Leadership & Change Management	Theory	100	4
APBS704: B	Organizational Behaviour Assessment & Diagnostics	Practical	100	2
APBS803 II 1: B	Consumer Behavior	Theory	100	4
APBS803 II 2: B	Industrial Relations & Labour Laws	Theory	100	4
APBS803 II 3: B	Organizational Behavior: Individual, Group & Organizational Dynamics	Theory	100	2