

J.D. BIRLA INSTITUTE
School of Applied Psychology
One Year (2-Semester) Post-Graduate Diploma in Counseling Psychology
CURRICULUM
(Applicable from Session 2026-2027)

Subject Code	Subjects	Paper	Marks
SEMESTER I			
PGDCP101	Foundations of Psychology & Counseling	Theory	50
PGDCP102	Research Methods & Statistics in Counseling	Theory	50
PGDCP103	Theories & Techniques of Counseling	Theory	100
PGDCP104P	Psychological Assessment	Practical	100
PGDCP105S	Project/ Term Paper	Sessional	50
PGDCP106S	Seminar & Field Training	Sessional	50
TOTAL			400
SEMESTER II			
PGDCP201	Counseling Across Life Span	Theory	50
PGDCP202	Counseling in Special Settings	Theory	50
PGDCP203	Mental Health & Psychopathology	Theory	100
PGDCP204P	Applied Counseling Approaches & Modalities	Practical	50
PGDCP205S	Project/ Term Paper	Sessional	50
PGDCP206S	Internship Training	Sessional	100
TOTAL			400