

J.D. BIRLA INSTITUTE
School of Applied Psychology
**Four Year (8-Semester) B.Sc. (Hons.) in Applied Psychology & Behavioral Science with
Minor in Sociological Studies AND Disability Studies/ Health & Wellness/ Sustainable
Fashion/ Retail & Brand Management/ Sustainable Practices & Heritage Management**
With Specializations in
Counseling (A) / Organizational Behavior (B)
CURRICULUM UNDER NEP
(Applicable from Session 2026-2027)

Subject Code	Course Nomenclature	Details	Credits
SEMESTER-I			
APBS101	DSC	General Psychology-I	4
APBS102	DSC	Psychological Assessment & Testing	2
APBS103	MINOR	Family & Marriage Relations	4
APBS104	IDC	Computer Theory & Applications	3
APBS105	AEC	Communication Skills & Personality Development	2
APBS106	SEC	Graphology	3
APBS107	VAC	Emotional Intelligence	4
Total			22
SEMESTER-II			
APBS201	DSC	General Psychology-II	4
APBS202	DSC	Biological Basis of Behavior	4
APBS203	DSC	Applied Behavioral Analysis	2
APBS204	MINOR	Family Stress Management	4
APBS205	AEC	Critical & Design Thinking	2
APBS206	SEC	Media Psychology & Digital Well-being	3
APBS207	VAC	Indian Knowledge System	4
Total			23
SEMESTER-III			
APBS301	DSC	Developmental Psychology (Conception to Childhood)	4
APBS302	DSC	Introduction to Abnormal Psychology	4
APBS303	DSC	Stress & Well-Being	2
APBS304	MINOR	Social Inequality & Marginalization	4
APBS305	IDC	Environmental Studies & Sustainable Development	3
APBS306	AEC	Creative Writing in Hindi OR Creative Writing in Bengali	2
APBS307	SEC	Child Observation & Documentation Skills	3
Total			22
SEMESTER-IV			
APBS401	DSC	Developmental Psychology (Adolescence to Adulthood)	4
APBS402	DSC	Gerontology	2
APBS403	DSC	Human Behavior in Social Environment	2
APBS404	DSC	Community Psychology Field Work	2
APBS405	DSC	Term Paper & Seminar	4
APBS406	MINOR	Gender, Rights & Social Behavior	4
APBS407	IDC	Innovation & Entrepreneurship	3
APBS408	AEC	Academic Writing & Statistics	2
Total			23
SEMESTER-V			
APBS501	DSC	Research Methodology & Psychological Statistics	4
APBS502	DSC	Theories of Personality	4
APBS503	DSC		4
	A	Principles of Guidance & Counseling	
	B	Industrial & Organizational Behavior	

APBS504	DSC		2
	A	Psycho-Educational Practices	
	B	Organizational Behavioral Practices	
APBS505	DSC	Experimental Psychology	2
APBS506	MINOR	Introduction to Human Exceptionality/ MINOR 3	4
APBS507	-----	SUMMER INTERNSHIP (6-week)	2
Total			22
SEMESTER-VI			
APBS601	DSC	Social Psychology	4
APBS602	DSC	Health Psychology	4
APBS603	DSC	Forensic Psychology	4
APBS604	DSC		4
	A	Approaches to Counseling & Therapy	
	B	HR Fundamentals	
APBS605	DSC		2
	A	Counseling Practices & Case Analysis	
	B	Organizational Behavior Practices & Workplace Skills	
APBS606	DSC	Applied Social Psychology	2
APBS607	MINOR	Disability & Behavioral Problems/ MINOR 3	4
Total			24
SEMESTER-VII			
APBS701	DSC	Positive Psychology	4
APBS702	DSC	Educational Psychology	4
APBS703	DSC		4
	A	Counseling Practices: Individual & Group Counseling	
	B	Leadership & Change Management	
APBS704	DSC		2
	A	Positive Psychological Practices	
	B	Organizational Behavior Assessment & Diagnostics	
APBS705	DSC	Educational Intervention for Diverse Learners	2
APBS706	MINOR	Special Needs & Associated Challenges / MINOR 3	4
Total			20
SEMESTER-VIII			
APBS801	DSC	Community Psychology	4
APBS802	MINOR	Child Rights & Social Policies / MINOR 3	4
APBS803	Any one from I or II		
	I	DISSERTATION	12
	II		
	II1		4
	A	Guidance & Coping in Crises	
	B	Consumer Behavior	
	II2		4
	A	Neuropsychology & Neuro-cognitive Disorders	
	B	Industrial Relations & Labour Laws	
	II3		4
	A	Rehabilitation Psychology	
	B	Organizational Behavior: Individual, Group & Organizational Dynamics	
Total			20
GRAND TOTAL			176
■ DSC: Discipline Specific Core ■ IDC: Inter-Disciplinary Course ■ AEC: Ability Enhancement Course ■ SEC: Skill Enhancement Course ■ VAC: Value Added Course			

Minor Courses Offered by B. Sc. (Hons.) in Applied Psychology & Behavioral Science

MINOR-1: Sociological Studies		
APBS103	Family & Marriage Relations	
APBS204	Family Stress Management	
APBS304	Social Inequality & Marginalization	
APBS406	Gender, Rights & Social Behavior	
MINOR-2: Disability Studies		
APBS506	Introduction to Human Exceptionality	
APBS607	Disability & Behavioral Problems	
APBS706	Special Needs & Associated Challenges	
APBS802	Child Rights & Social Policies	
MINOR-3: Any one course from the list given below (offered from other Schools):		
1	Health & Wellness	School of FSNM
2	Sustainable Fashion	School of FT
3	Retail & Brand Management	School of FT
4	Sustainable Practices & Heritage Management	School of ID

Specialization in Counseling (A)

APBS503:A	Principles of Guidance & Counseling	
APBS504:A	Psycho-educational Practices	
APBS604:A	Approaches to Counseling & Therapy	
APBS605:A	Counseling Practices & Case Analysis	
APBS703:A	Counseling Practices: Individual & Group Counseling	
APBS704:A	Positive Psychological Practices	
APBS803II1:A	Guidance & Coping in Crises	
APBS803II2:A	Neuropsychology & Neuro-cognitive Disorders	
APBS803II3:A	Rehabilitation Psychology	

Specialization in Organizational Behavior (B)

APBS503:B	Industrial & Organizational Behavior	
APBS504:B	Organizational Behavioral Practices	
APBS604:B	HR Fundamentals	
APBS605:B	Organizational Behavior Practices & Workplace Skills	
APBS703:B	Leadership & Change Management	
APBS704:B	Organizational Behavior Assessment & Diagnostics	
APBS803II1:B	Consumer Behavior	
APBS803II2:B	Industrial Relations & Labour Laws	
APBS803II3:B	Organizational Behavior: Individual, Group & Organizational Dynamics	

PROGRAM OUTCOMES (POs)

Graduates of the B. Sc. (Hons.) in Applied Psychology & Behavioral Science programme will be able to:

PO1: Foundational Psychological Knowledge

Apply foundational knowledge of psychology, behavioral science, research methods, and basic statistics to understand and explain human behavior across individual, group, and organizational settings.

PO2: Critical Thinking and Problem Analysis

Identify psychological, emotional, behavioral, and organizational problems and apply critical thinking to analyze them using appropriate theoretical frameworks and evidence-based approaches.

PO3: Design/Development of Interventions

Design structured counseling plans, behavioral interventions, and organizational strategies to address identified psychological and workplace-related issues.

PO4: Conduct Investigations of Complex Problems

Conduct systematic investigations of psychological and organizational problems by formulating objectives, collecting data, and interpreting findings using scientific methods.

PO5: Usage of Modern Methods & Tools

Select and apply appropriate psychological assessment tools, counseling techniques, and organizational instruments with an understanding of their applicability, limitations, and ethical implications.

PO6: The Science & Society

Apply psychological knowledge to understand and address social issues such as mental health, workplace stress, interpersonal relationships, diversity, inclusion, and community well-being.

PO7: Environment and Sustainability

Appreciate the relationship between psychological well-being, work environments, and sustainability, and apply behavioral principles to promote healthy and sustainable practices.

PO8: Ethics and Professional Responsibility

Understanding of ethical principles, legal frameworks, professional responsibilities, confidentiality, and societal obligations in psychological practice.

PO9: Individual and Team Work

Develop the ability to work independently and collaboratively as an effective team member, demonstrating interpersonal competence, empathy, and professional conduct.

PO10: Communication

Communicate psychological concepts, assessments, and intervention outcomes effectively through oral, written, and digital modes with clients, organizations, and the wider society.

PO11: Project Management and Entrepreneurship

Understand basic principles of project planning, organizational functioning, human resource practices, and financial considerations relevant to counseling and organizational psychology contexts.

PO12: Lifelong Learning

Recognize the need for continuous professional development, adapt to changing psychological, social, and organizational contexts, and engage in lifelong learning to enhance competence and effectiveness.

PROGRAMME SPECIFIC OUTCOMES (PSOs)

On successful completion of the B.Sc. (Hons.) in Applied Psychology & Behavioral Science programme, students will be able to:

PSO1: Psychological Assessment, Ethical Practice, and Contextual Understanding

Demonstrate the ability to understand, assess, and address psychological and behavioral issues across individual, community, and organizational contexts using appropriate theories, assessment methods, and ethical practices.

PSO2: Applied Intervention, Research, and Professional Skill Development

Applying counseling and organizational skills, research methods, and field-based learning to design basic interventions, promote well-being, and enhance effectiveness in educational, clinical, community, and workplace settings.